

# **4-H Family News**

#### **Montcalm County**

August 2023



#### Hello 4-H Families and Volunteers,

I hope everyone has been enjoying their summer and finding the time to relax here and there. It's been a busy month, and August is looking pretty full as well! We've got two more Wednesdays left for the Kids Summer Days at the Fairgrounds and I hope to see some of you there!

There are a few events coming up through our office and MSU-Extension throughout the state, so check out pages 8-18. Feel free to share any of the event flyers as well!

Follow us on FB for more updates throughout the month (<a href="https://www.facebook.com/MontcalmCounty4H">https://www.facebook.com/MontcalmCounty4H</a>)

Sincerely,
Sunni Haglund
4-H Program Coordinator

#### **Montcalm County Committee Meeting times & locations**

Fairboard Association | 1st Monday of the month | 7:00 p.m. | Ash Building – Fairgrounds

4-H Dog Committee | 1st Thursday of the month | 6:30 p.m. | Ash Building – Fairgrounds & via zoom (https://msu.zoom.us/j/92086229811 passcode: 4Hdog)

4-H Horse Leaders | 2<sup>nd</sup> Wednesday of the month | 7:00 p.m. | Ash Building – Fairgrounds & via zoom (https://msu.zoom.us/j/96502762151 passcode: Horse)

4-H Council | 3<sup>rd</sup> Monday of the month | 6:30 p.m. | MSUE office & via zoom (https://msu.zoom.us/j/95340301576 passcode: Council)

4-H Community Connection Committee (CCC) | 3<sup>rd</sup> Monday of the month | 7:00 p.m. | via zoom (https://msu.zoom.us/j/95542684298 passcode: 4HCCC)

4-H Small Animal Committee | 4th Monday of the month | 6:00 p.m. | Ash Building - Fairgrounds

4-H Youth Livestock Committee | 4th Monday of the month | 6:30 p.m. | Ash Building - Fairgrounds

#### **CONTACT US**

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#### **WEBSITE:**

https://www.canr.msu.edu/montcalmcounty/

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# **Committee News**

## Fair Association (https://www.facebook.com/MontcalmCountyFairgrounds)

Our next meeting will be August 7<sup>th</sup> at 7pm at the Ash Building. All are welcome to attend.

## Dog Committee (https://www.facebook.com/groups/1847422928809492)

The next Dog Committee August 3<sup>rd</sup> at 6:30pm at the Ash Building. They are also hosting dog practices at the fairgrounds on Wednesdays at 6:30pm, for those that are planning on going to the State Dog Show. For those that aren't and are wanting to practice, Brad Heft will provide dates after the meeting on the 3<sup>rd</sup> of August.

#### Horse Leaders (https://www.facebook.com/groups/623810004403480)

Our next meeting will be August 9<sup>th</sup> at 7pm at the Ash Building. The State Horse Show is coming up and we're still in need of a few more volunteers. The 19<sup>th</sup> and 20<sup>th</sup> of August (morning or afternoon) are still available for volunteers. Email haglun10@msu.edu for link.

## **Advisory Council**

We've adjusted our meeting times to the 3<sup>rd</sup> Monday of the month at 6:30pm at the Extension Office and via Zoom. Please take note of the adjustment, and feel free to join along with us! The zoom link is on the 1<sup>st</sup> page of this newsletter.

#### Community Connections (https://www.facebook.com/groups/1847422928809492)

We're planning our Annual Bake-off to occur the first weekend in October. Stay tuned for more details!

## Small Animal Committee (https://www.facebook.com/groups/2021686638080972)

Our next meeting will be August 28th at 6pm at the Ash Building.



# **Committee News**

# Montcalm County Fair Association Agricultural Club (Fair Livestock Committee) (https://www.facebook.com/groups/1634532730117422)

The MCFAAC is meeting on August 28<sup>th</sup> at 7pm. A reminder to Save the Date! October 14<sup>th</sup>, the MCFAAC will be putting on a Brian Plank Memorial Beef Show to raise money for the building fund for the fairgrounds. Look out for more details to follow.

#### **Youth Livestock Committee**

The next meeting will be on August 28<sup>th</sup> at 6:30pm. This committee has been able to raise enough funds to provide the bedding for the animals during fair, for the last two years. Come check us out!

## **Shooting Sports Update**

Shootin and Showin is hosting archery practice at the Central Michigan Sportsmans Club just East of Stanton. The next practice is August 7<sup>th</sup> at 5pm.

The new 4-H Shooting Sports Club (4-H Precision Seekers) will be holding an introduction and information meeting on August 24<sup>th</sup> at 6:30pm at the Flat River Conservation Club. This club will be for .22LR rifle, so kids will need to be 12-19 4-H age to participate.

## **Montcalm County Extension Office 4-H / District 8**

(https://www.facebook.com/MontcalmCounty4H/) / (https://www.facebook.com/District8MSUE)

I'm planning on conducting new leader / refresher / club / volunteer training sessions starting in the fall. These training sessions will be conducted in person with a zoom option and will be available to view on our Facebook page. This training will encompass financials, protocols, working with youth, types of volunteers, etc. If there are any subject areas that you or your club would be interested in, please send me an email with the topic and what day works best for you/your club. Follow our FB pages for more info!



# **COUNTY 4-H NEWS**

#### **Pre-College Programs 4-H SPIN Club**



MSU-Extension has been working on finding ways to prepare young people for 4-H Pre-College programs. Our goal is to help young people get the most out of their 4-H experience and fill their toolbox for the future. Two of our Extension Educators have created a resource called "Introduction to Pre-College Programs 4-H SPIN Club Guide." They are looking for youth to pilot it starting this spring. The pilot will run through the fall to allow you to choose the time frame that works best for individual participants.

This guide provides information on all the 4-H pre-college programs we offer, and each week is structured to introduce a step that helps in preparation for the program of their choice.

We understand that some of these programs will come and go, and we will keep adjusting it as time goes on. The guide is easy to follow and does not require in-depth knowledge of each program to be able to use it in a meaningful way. It encourages youth to work in small groups or independently to learn and mentally/ emotionally prepare for a great opportunity. Please contact Sunni Haglund @haglun10@msu.edu for more information.

#### Join us at the fairgrounds, for Kids Summer Days!



Wednesdays throughout the summer, I will be providing fun activities for youth at the Montcalm County Fairgrounds. This is a way for the parents to get somewhat of a break AND the youth can be entertained with other youth their age. Click the link for registration.

https://docs.google.com/forms/d/e/1FAIp QLSetO8nKBO6uXeN84NwPxflrinh7b aMbVF P8mFEY7gn52Q/viewform

Please contact Sunni Haglund @haglun10@msu.edu for more information.





# **COUNTY CALENDAR OF EVENTS**

**Kids Summer Days** Date: 08/02/2023 Date: 08/03/2023 Dog Committee meets County Wide Dog Practice Date: Stay Tuned! Fairboard meets Date: 08/07/2023 **Kids Summer Days** Date: 08/09/2023 Horse Leaders meet Date: 08/09/2023 Danish Festival Parade Date: 08/19/2023 4-H Advisory Council meets Date: 08/21/2023 Date: 08/21/2023 Community Connections meets Small Animal Committee meets Date: 08/28/2023 Youth Livestock Committee meets Date: 08/28/2023 MCFAAC meets Date: 08/28/2023

Times and locations for each 4-H committee meeting can be found on the front page of this newsletter!

# Don't forget to visit the Montcalm County Fairgrounds webpage

https://montcalmcountyfairgrounds.com/.



#### **Other Services Offered:**

# MSUE Master Gardener Hotline:

1-888-678-3464

The hotline is open weekdays between 9-noon and 1 – 4 p.m.

Select option "1" to speak directly with a gardening expert.

#### Ask an Expert:

Ask Extension offers one-to-one answers from MSU Extension experts and **Extension Master** Gardener volunteers on topics such as lawns, gardening, agriculture, nutrition and physical activity, food safety, food preservation, natural resources. community development, youth programming and more!

#### Ask here:

https://www.canr.msu .edu/outreach/askan-expert



# **STATEWIDE 4-H NEWS**

#### 2023 Michigan 4-H State Award winners announced

The Michigan 4-H State Awards Program recognized outstanding 4-H members during the opening session of 4-H Exploration Days on June 22. At the event, honorees had the opportunity to celebrate their accomplishments with their fellow 4-H Exploration Days participants.

A Michigan 4-H State Award is the highest honor bestowed on Michigan 4-H members and recognizes a level of excellence in learning, leadership and service. In total, 22 4-H members from 15 counties submitted applications to take part is this year's program.



"All of our 4-H'ers across the state are amazing but the youth honored with 4-H State Awards are some of our most accomplished," said Julie Chapin, state 4-H leader for Michigan and director of MSU Extension's children and youth programs. "They have demonstrated their dedication to improving themselves and their communities through 4-H, service and more."

Michigan 4-H State Awards were presented in 13 of the 20 available award categories that showcase the diverse array of 4-H knowledge, skills and experience. Recipients of the 2023 awards are:

- Beef Science: Caleb Souva of Branch County (junior division) and Bridget Paidl of Menominee County (senior division)
- Birds & Poultry Science: Makayla King of Van Buren County (senior division)
- Career Development: Avery Stallman of Macomb County (junior division)
- Companion Animal Science: Stellamia Aerts of Monroe County (senior division)
- Environmental Science: Amanda Towne of Van Buren County (senior division)
- Gardening and Horticulture: Katie Miller of Eaton County (junior division)
- Goat Science: Dori Stuever of Huron County (senior division)
- Leadership: Makayla Chew of Midland County (junior division) and Alexis Fisher of Monroe County (senior division)
- Rabbit and Cavy Science: Brandon Fisher of Monroe County (junior division) and Morgan Bliesener of Ingham County (senior division)
- Shooting Sports: Justin Yarger of Monroe County (senior division)
- Science, Technology, Engineering, and Mathematics (STEM): Peter Rambadt of St. Joseph County (senior division)
- Swine Science: Joseph Endres of Isabella County (junior division)
- Visual, Performing and Expressive Arts: Alana Aulph of Monroe County (senior division)

The Michigan 4-H State Awards Program is open to 4-H members who are 13-19 years old with three or more years of 4-H experience. To qualify for the award, 4-H'ers must submit a written application that showcases the learning experiences, knowledge and skills they've acquired through their participation in 4-H, as well as their contributions to their local 4-H programs, clubs and communities. Submissions are reviewed by the Michigan 4-H State Awards selection committee. This group of volunteers, staff members and industry experts determine which members are selected as award finalists. All applicants receive written feedback from selection committees.

In addition to a plaque, each 4-H State Award winner in the senior division will also receive a \$200 cash award; junior winners receive \$50 cash awards. These awards are made possible by generous donations to the Michigan 4-H Foundation.



# STATEWIDE CALENDAR OF EVENTS

#### Welcome Back MSU 4-H Alumni Reception



Join MSU Extension for the sixth annual MSU Welcome Back 4-H Alumni Reception on Wednesday, September 6.

All current or former 4-H'ers attending MSU this fall are invited to stop by the grassy area on the north side of the Morrill Hall of Agriculture from 5:30 - 7:00 p.m. for networking and free dinner!

Members of the MSU
Extension staff will be on site to interact with 4-H alums and free pizza and pop will be provided. Come to meet fellow 4-H'ers, network with staff and students and have fun.

Learn more at <a href="https://www.canr.msu.edu/events/msu-welcome-week-4-h-">www.canr.msu.edu/events/msu-welcome-week-4-h-</a> alumni-reception.

#### August 8: Bubble Day at the Michigan 4-H Children's Gardens

Michigan 4-H Children's Gardens, East Lansing

As we explore the wonderful world of bubbles we will paint, eat and even make music with bubbles. www.canr.msu.edu/events/bubble-day

#### August 11: 4-H Children's Garden 30th Birthday Party

Michigan 4-H Children's Gardens, East Lansing

We will celebrate the garden's pearl birthday with activities and games. We will open the time capsule, eat cake and much more!

www.canr.msu.edu/events/garden-30th-birthday-party

#### August 13: Bee Palooza

Michigan Horticulture Gardens, East Lansing

Have you ever wanted to learn more about the insect pollinators around you? Join us for prizes, vendors, a bee petting zoo, face painting and more!

www.canr.msu.edu/events/msu-beepalooza

#### **August 13: Tri-County Archery Tournament**

Washtenaw Sportsman's Club, Ypsilanti Township

Archers to the line! 4-H archers aged 9 and up are welcome to meet fellow competitors and test their skill. Registration is due Aug. 6.

www.canr.msu.edu/events/tri-county-archery-tournament

#### August 15: Kayaking Days Presented by Antrim County 4-H

Paddles and Pedals, Bellaire

Learn water safety, paddle techniques, navigation and receive introduction to stewardship of inland waterways. Open to youth in Antrim, Otsego, Grand Traverse, Leelanau and Charlevoix counties. www.canr.msu.edu/events/kayaking-days-presented-by-antrim-county-4-h

#### August 16: Adulting 101 – Eating Healthy on a Budget

Online

Preparing healthy food and staying within your budget does not have to be a challenge. Planning, preparing, and purchasing strategies will be shared so you can stretch your food dollars further. <a href="https://www.canr.msu.edu/events/adulting-101-8-16">www.canr.msu.edu/events/adulting-101-8-16</a>

#### **September 16: Festival of the Pines Archery Tournament**

Maple Grove Park, Lake City

Archers to the line! 4-H members are invited to meet fellow competitors and test their skill www.canr.msu.edu/events/festival-of-the-pines-archery-tournament





MONTCALM COUNTY 4-H

**AGES 5-19** 

**PRESENTS:** 





**EVENTS ARE FREE** 

**LUNCH IS NOT PROVIDED** 

**REGISTRATION LINK:** 



- ARTS & CRAFT
- SCAVENGER HUNTS
- ANIMAL SCIENCE
- FUN GAMES
- MANY MORE!

MONTCALM COUNTY FAIRGROUNDS 8784 PECK RD., GREENVILLE, MI 48838

# WEST MICHIGAN WHITECAPS

# AGRICULTURE NIGHT-4H

JOIN THE WEST MICHIGAN WHITECAPS AS WE CELEBRATE THE IMPORTANCE OF MEN, WOMEN, AND FAMILIES IN AG AT OUR FIRST EVER AGRICULTURE NIGHT! THE FIRST 1,000 FANS THROUGH THE GATES RECEIVE A WHITECAPS COWBOY HAT!



**TUESDAY, AUGUST 1ST** 

**GATES OPEN:** 

5:15PM

**FIRST PITCH:** 

6:35PM



SCAN FOR TICKETS!





MSU Extension is excited to partner again in 2023 with the Michigan State Fair for an exciting program for Michigan youth: the Michigan State Fair 4-H & Youth Virtual Showcase. This statewide showcase provides a virtual platform for Michigan 4-H'ers and other youth to exhibit their work in all project areas and apply for \$10,000 in scholarships.

All Michigan youth ages 5-19 are encouraged to participate.

#### Registration is now open until Tuesday, August 1st

- The showcase includes a wide array of classes including: livestock and companion animal showmanship, horse showmanship and equitation, all kinds of still exhibits, educational projects and more.
- There is no cost to participate and youth may enter as many classes as they like just by submitting <u>project photos and videos</u>.
- Project evaluation will occur before the start of the Michigan State Fair and winners will be announced during the event, August 31 September 4.

Continuing in 2023, the Michigan State Fair will continue to offer scholarships to exhibitors in the Michigan State Fair 4-H & Youth Virtual Showcase. Participants in the Michigan State Fair 4-H & Youth Virtual Showcase age 8-19 are eligible to apply for scholarships.

Find the scholarship application and criteria, as well as registration information for the Michigan State Fair 4-H & Youth Virtual Showcase at:

extension.msu.edu/MSF4HShowcase





# The Kinship Care Resource Center and MSU Extension Present: Building Strong Adolescents Webinar Series

#### Class Information

#### Dates:

- July 14
- July 21
- July 28
- August 4
- August 11

\*Note: This is a series class and participants must plan on attending all five weeks.

#### Time:

11:00am-1:00pm

#### **EST**

#### Location:

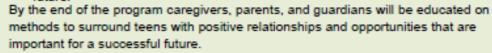
This class is an online webinar. The link to join the webinar will be sent after registration is complete.



Building Strong Adolescents is a MSU Extension authored program for caregivers, parents and guardians of adolescents ages nine to 16. The program focuses on the external and internal assets teens need to succeed.

#### Topics include:

- The need for teens to develop internal and external assets and strategies to promote growth
- Setting limits
- · Applying consequences
- Fostering independence
- Promoting self-esteem and school success
- Encouraging positive friendships (including dating)
- Discussing substance abuse and sex with your teen
- Helping your teen prepare for the future.





Certificates for participation are provided upon completion of the series. In order to receive a certificate, participants must actively participate in the webinar throughout all five sessions. Participants can attend via computer, or an app on a tablet or smartphone. Attendees can also listen to the presentation via phone (by calling in).

Those who choose to call in must contact the instructor for instructions on how to be eligible for a certificate.

If multiple people in the same location want to participate in the webinar and need certificates, they have to join the webinar separately or contact the instructor for special instructions to each receive a certificate.

Kinship Caregiver workshops are a free online series of workshops that provide guidance for caregivers of children as they navigate the joys, challenges and concerns of raising children.

#### REGISTRATION: https://msu.co1.qualtrics.com/jfe/form/

#### SV\_cuayrnzafPPHsaO

For information or accommodations\* contact:

Courtney Aldrich, Program Instructor

Contact: aldric82@msu.edu; (517) 993-8649

 Accommodations should be requested no later than 2 weeks before class





#### **MSU Extension Presents:**

# Online - Extension Extras Parenting Hour August 2023

#### DATES:

8/1/2023: RELAX Alternatives to Anger for Parents and Caregivers

8/8/2023: Together We Can: Co-Parenting

8/15/2023: ABC's of Early Literacy

8/22/2023: Screen Time for

Children

8/29/2023: Talking With Kids About Race

TIME: 8:00-9:30pm

Download Zoom:

https://zoom.us/download

#### Register at:

https://msu.zoom.us/webinar/ register/

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For more information or accommodations\* contact: Courtney Aldrich aldric82@msu.edu (517) 552-6909



#### DESCRIPTION:

This FREE online series of parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting.

Participants may register for as few or as many workshops as they wish.

The workshops are on Tuesday evenings as follows:

8/1/2023: RELAX Alternatives to Anger for Parents and

Caregivers

8/8/2023: Together We Can: Co-Parenting

8/15/2023: ABC's of Early Literacy

8/22/2023: Screen Time for Children

8/29/2023: Talking With Kids About Race

#### HOW TO REGISTER:

Register in advance for any of the webinar workshops at the following link:

https://msu.zoom.us/webinar/register/WN\_J46cnBPnQLWjDeTk2gs59g

After registering, you will receive a confirmation email containing information about joining the meeting.

\*Accommodations should be requested no later than 2 weeks before class

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# **Flyers**

# PROJECT WILD & PROJECT LEARNING TREE (PLT)

# PROFESSIONAL DEVELOPMENT WORKSHOP

Learn Tips and Tricks to engage learners of all ages through experiences in nature with interactive activities!

# August 11th 9:00am-4:00pm Lapeer

Environmental and conservation education program, emphasizing awareness, appreciation and understanding of wildlife and natural resources interwoven with English language arts, math and social studies.

- **◆** Teachers
  - Club Leaders
  - Naturalists
  - CommunityOrganizations

Workshop fee is \$70. Participants will receive Project WILD and Project Learning Tree curriculum guides and other resources. Application pending for 6 SCECHs (State Continuing Education Clock Hours).

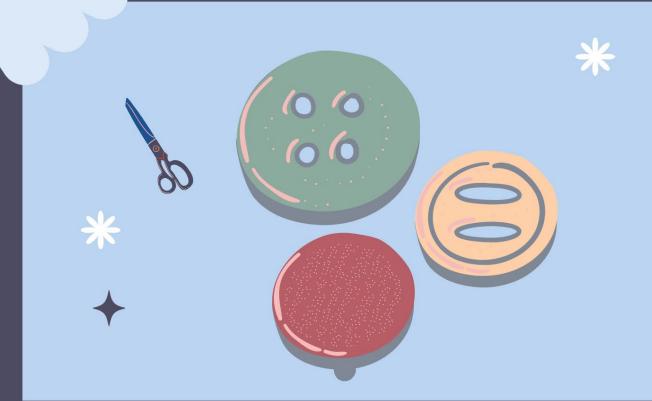
Register By August 1st at https://bit.ly/pltlapeer (Limited space available) For more information, Contact Sarah (810)667-0341 or graversa@msu.edu













**4-H OF KENT COUNTY PRESENTS** 

# 4-H SEWING WORKSHOPS AUGUST 2023

COLLABORATION
WITH THE
AMERICAN
SEWING GUILD.

LOCATION: 775 BALL AVE NE. GRAND RAPIDS, MI 49503 LIMITED ONLY FOR 8 YOUTH, AGES 11-15

BEGINNERS ARE WELCOME

COST: \$20, PLUS NOTIONS KIT PURCHASED JUNE 22ND





# PAWS & 4-H EVENT

AUGUST 24, 2023

#### LEARN MORE ABOUT...

**Breeding Program** 

**Puppy Raising** 

Dog Body Language

Veterinary Care for Your Pet

Play & Exercise for Your Pet

Dogs With Jobs (Both Facility & Service)

PAWS Client Presentation

Dental Care

Grooming

- Youth 13-19 & Adults
- Open to all counties
- Registration open until 8/7/23
- Participants do not bring their own dogs
- Lunch & T-Shirts Provided
- \$25 Signup fee







SCAN CODE TO REGISTER



# **Flyers**





# **Flyers**

# **National 4-H Congress**

- November 24-28, 2023
- Tour Atlanta, GA
- Meet Youth from across the US
- Register with your county
   4-H Office by August 15





Do you know a youth who is interested in meeting other young people from across the country and learning about leadership & service? Reserve spots for your county today!

4-H National Congress brings together youth from all across the United States in Atlanta, Georgia. Through interactions with 4-Hers from all regions of our country, including Hawaii, Puerto Rico, and Alaska, participants learn how to improve their local 4-H program. Through understanding of the differences and similarities they can better understand themselves. Youth see nationally renowned speakers, which in the past have included a wide range of individuals, including Holocaust survivors, social entrepreneurs, Miss America, and civil rights leaders. The speakers have inspired participants to be a source for positive change in their club, community, country, and world.

Participants attend breakout sessions on a wide range of topics, including communications, leadership, and STEM. National Congress delegates attend educational tours, including the Georgia History Center, Dr. Martin Luther King Jr. National Historic Park, Georgia Aquarium, and Coca-Cola Headquarters.

Youth carry out community service projects throughout the Atlanta area. In the past this has included programs in parks, community schools, and other community organizations. Reserve your spot by August 15 by contacting Laura Potter-Niesen at <a href="mailto:potterla@msu.edu">potterla@msu.edu</a>